# Facial anthropometry: a tool for quantitative evaluation in patients with peripheral facial paralysis 

G Flores-Mondragón ${ }^{1}$, MA Paredes-Espinoza ${ }^{1}$, NA Hernández-Campos ${ }^{1}$, L Sánchez-Chapul ${ }^{1}$, R Paniagua-Pérez ${ }^{1}, \mathrm{C}$ Martínez-Canseco ${ }^{1}$, S Renán-León ${ }^{2}$, VM Araujo-Monsalvo ${ }^{3}$, JM Perea-Paz ${ }^{4}$, A Flores-Jacinto ${ }^{5}$.


#### Abstract

Introduction: Peripheral facial palsy (PFP) is the most frequent facial asymmetry worldwide. Objective: evaluate the sensitivity and specificity of the facial asymmetry method in the patients with PFP using digital clinical photographs of the face as well as CorelDraw Graphic Suite ver. 12.0 imaging software. Materials and Methods: Cross-sectional, descriptive and comparative study, including 46 people, 23 with PFP and 23 controls. Both groups were evaluated the facial asymmetry method. Results: The control group, had normal distribution with the exception of resting position, which resulted higher in men, with an average of $2.29 \pm 0.53 \mathrm{vs}$. $1.72 \pm 0.80$ and women ( $p=0.05$ ), no significant differences were exhibited according to gender. The facial asymmetry method obtained an average of sensitivity of $88 \%$, specificity of $85.3 \%$ PPV (Positive predictive value) of $85.5 \%$ and NPV (Negative predictive value) of $87.4 \%$. Conclusion: The facial asymmetry method describes quantitatively and with high sensitivity and specificity small variations of facial asymmetry. This would aid the Rehabilitation Physician in designing a specific rehabilitation therapy for each patient in an objective manner, emphasizing the most affected facial area.


Index Terms--- Facial asymmetry, bilateral symmetry, facial asymmetry method, peripheral facial palsy, facial anthropometry, ROC curve

## 1 Introduction

The human body is characterized by having a bilateral morphology. The face is very important in individual symmetry; is a biomarker of health because is considered an indicator of developmental stability and of the individual's physiological state [1-4]. It also possesses a silent eloquence that speaks without speaking or acting; however, it exerts an effect on others [5]. The random deviations of facial symmetry are the reflection of a neuromuscular disorder created by an injury of the central or peripheral pathways of the facial nerve [4,5]. Peripheral facial palsy (PFP) is the most common of the facial asymmetries found worldwide [6]. It reveals the control of the muscles that involve forehead, eyelids, mouth, and those that control expressions of emotions [7, 8], and when there is facial nerve damage modifies its basic functions like swallowing, talking, smile, see, as well as a deterioration in their quality of life [6-11].
In Mexico City, rehabilitation different units report that PFP occupies one of the top 10 places in medical care [7,13,14]. Its etiology could be idiopathic according to selection criteria (primary cause), or there can be a detectable cause (secondary cause)[5,7,15-17].
Campos in 2008 reported a facial asymmetry method obtained from the photography of the face in a healthy group of subjects and evaluated two types of measurements : radial proportional asymmetry (RPrAs), and angular asymmetry (AnAs), based on anthropometric points in positions two: smiling and resting, the analysis with the use of CorelDraw Graphic Suite ver. 12.0 computer software [19].
In our study, we evaluated the sensitivity and specificity of the
facial asymmetry method in patients with PFP in comparison with a control group, using digital clinical photography, as well as software for images, CorelDraw Graphic Suite ver. 12.0, in four position: resting, smiling, with closed eyes, and with lifted eyebrows.

## 2 Materials and Methods <br> 2.1 Description

Cross-sectional, observational, comparative study was approved by the Ethics Committee of the National Institute of Rehabilitation (INR) in Mexico City and informed consent was obtained from all participants with the ethical norms established in the 1964 Helsinki Declaration. Forty six subjects were studied, divided into two groups: the first group was made up of 23 subjects with PFP and the second group with 23 subjects without PFP.

## The Patient Group

Inclusion criteria: Patients with PFP which is basically characterized by facial asymmetry, Bell's phenomenon, retroauricular pain, epiphora. Without having received pharmacological, electrophysiological and/or facial therapy previous, maximum of 20 weeks of evolution.

Exclusion criteria: Having received facial therapy of any type, facial cosmetic surgery, or facial trauma.

The Control Group
Inclusion criteria: Persons without a history of PFP and without a history of facial cosmetic surgery.

Exclusion criteria: History of facial trauma.

### 2.2 Procedure for obtaining photographs

The design to obtain the photographic records was standardized. The photography was obtained placing the subject sitting down on a chair; a reference background was placed behind the subject. The camera (Sony Cyber shot 9.0 MP) was mounted on a tripod at a distance of 1.5 meters the subject and the timer and automatic function were Applied.
The head located in the Frankfort plane [20] and looking directly at the camera, with the chin in raised position. Digital photographs of the face of each subject were taken in different positions, including resting, smiling, and two additional positions were implemented: with the eyes closed, and with the eyebrows raised.

### 2.3 Measurement of the photographs

The photographs obtained were processed in a computer and asymmetry measurements were performed using the CorelDraw Graphic Suite ver. 12.0 software program. Two types of asymmetries were analyzed: radial proportional asymmetry (RPAs) and angular asymmetry (AnAs). First, we drew three lines on each photography: a horizontal of bipupillary reference (HLP), and bicommisural reference (HLC), and a vertical of plane sagittal reference (VSP), and these were placed for each position [Fig. 1a], the smiling position [Fig. 1b], with eyes closed [Fig. 2a], and with eyelids lifted [Fig. 2b].
Using the following formula:
RPrAs = Pw+Fhw+Nw+Lcw+Fvw where Pw is bipupillary width, which is measured starting from the VSP to the midpoint of the pupil, Fhw is the facial horizontal width, measured starting from the VSP to the infraorbitomeatal line, Nw is the nasal width, measured from the VSP to the end of the nasal rut.
Lcw is the labial bicommissurral width, measured from the
[1]Laboratorio de Bioquímica, Calz. México-Xochimilco No.289, Col. Arenal de Guadalupe, Tlalpan 14389 México D.F.,México
[2]Departamento de Apoyo Metodológico, Instituto Nacional de Rehabilitación, Calz. México-Xochimilco No. 289, Col. Arenal de Guadalupe, Tlalpan, 14389 México, D.F., México
[3]Laboratorio de Biomecánica, Instituto Nacional de Rehabilitación, Calz. México-Xochimilco No.289, Col. Arenal de Guadalupe, Tlalpan, 14389 México, D.F., México
[4]Instituto Tecnológico Tláhuac III, Av. Estanislao Ramírez, No.301, Col. Ampliación Selene, Tláhuac 13420 México, D.F., México.
[5]Instituto Tecnológico de Milpa Alta, Independencia Sur 36, San Salvador Cuauhtémoc, Milpa Alta, 12300 México, D.F., México
The present work was carried out at the Institute National de Rehabilitation at the Division of Rehabilitation Medicine and the Laboratory of Biochemistry.
Corresponding author:Biol. Gabriela Flores Mondragón, Instituto Nacional de Rehabilitación, Calz. México-Xochimilco 289, Col. Arenal de Guadalupe, Tlalpan, 14389 México, D.F., México. E-mail addresses: gaflores@inr.gob.mx and gabypez@gmail.com

VSP to the labial commissure, Fvw is the facial vertical width measured from the glabella to sub nasal and sub nasal to gnation, for positions close eyes and lifted eyebrows, and where Uew is upper eyelid width, measured from the midupper eyelid margin to the highest point of the eyebrows.

To calculate each of the left and right proportions, the lowest value is divided by the highest value. In cases in which the measurements were the same for both sides, the value obtained is one. The sum of these values should be 5; for a subject with perfect symmetry, this value decreases with increasing asymmetry. AnAs is determined based on the discrepancy of the horizontal facial planes measured in degrees and is obtained by adding the bipupillary angle (bpan) and the bicommisural (bcan). When there is no angle discrepancy between the left and right side, there is no measurable angle and the value is zero. We proceeded to measure each digital photo using the CorelDRAWR Graphic Suite ver. 12.0 software programs.

The average asymmetry of both groups was compared with the Student $t$ test, and normality was established with the Kolmogorov-Smirnov statistical test. Sensitivity and specificity were calculated for AnAs and RPrAs. Receiver operating characteristic (ROC) was created for each position, and the cut-off point to determine highest sensitivity and specificity was identified using a statistical program, SPSS (statistical product and service solution), ver. 17 for Windows software package [21]. In all of the contrasts, the tolerance level of alpha error was 0.05.


Picture 1a and 1b: Face in resting position (1a) and smiling position (1b). VSP: vertical of sagittal plane reference; HLP: horizontal of bipupillary reference; HLC: Lower horizontal reference line; PW: bilateral pupil width; Fhw: face horizontal width; thw: Nasal width; Lcw: labial bicommissural width; Fuw: facial vertical width; bpan: bilateral pupil angle, and bcan: bicommissural angle


Picture 2a and 2b: Face with eyes closed (2a) and eyebrows lifted (2b). USP: vertical sagittal plane; HLP: horizontal line of bipupillary; HLC: horizontal line of bicomisural; PW: bipupilary width; Fhw: facial horizontal width; thw: nasal width; Lcw: labial bicommissural width; Fuw: facial vertical width; Uew: upper eyelid width, bcan: bicomrnissural angle and bpan: bipupillary angle.

## ISSN 2229-5518

## 3 RESULTS

The group with 23 patients, including 11 men ( $47.8 \%$ ) and 12 women ( $52.2 \%$ ), with ages ranging from 22-81 years (average age, $50.43 \pm 16.9$ years), in which 16 patients ( $69.60 \%$ ) were diagnosed with primary PFP, 7 patients (30.43\%) had secondary PFP, 15 patients ( $65.21 \%$ ) had PFP for the first time, and 8 patients had recurrent PFP (34.79\%).
In the control group, one person was excluded because he referred facial cosmetic surgery, leaving the group with 23 healthy persons, including 14 men ( $60.9 \%$ ) and 9 women ( $39.1 \%$ ) between the ages of 22 and 80 years (average age, $47.65 \% \pm 16.2$ years).
According to the Kolmogorov-Smirnov test in the control group as well as in the patients group, asymmetry data exhibited normal distribution $(p=0.5)$.
RPrAs of 5 were not obtained in control group; this means that none of the faces were perfectly symmetrical. Analyzing the control group, RPrAs and AnAs had normal distribution with the exception of AnAs in resting position, which resulted higher in men, with an average of $2.29 \pm 0.53$ vs. $1.72 \pm 0.80$ and women $(p=0.05)$, while in the remainder of the registers no significant differences were exhibited according to gender. Another relevant aspect was that age correlated significantly with the eyes closed position of AnAs averages, with a Pearson's correlation coefficient of $r=0.455(p=0.02)$ and a RPrAs average of eyelids lifted with a Pearson's correlation coefficient of $r=0.578(p=0.04)$.
In the group of patients, normal distributions were observed in all of the measurements and with all conditions similar to those of the controlled group; AnAs in resting position was higher in men (with $8.82 \pm 5.0$ ) than in women (with $5.34 \pm$ 2.65) ( $p=0.05$ ); age correlated significantly with AnAs in resting position $r=0.480(p=0.02)$, eyes closed $r=0.442(p=$ 0.03 ), lifted eyelids $r=0.413$, eyes closed ( $p=0.05$ ), and with RPrAs only in resting position $r=-0.487(p=0.018)$; the higher the age, the higher the asymmetry.
All of the asymmetry measurement results obtained with the control group and those of the group of patients were different ( $p=0.001$ ) under all of the conditions. The Standard deviation (SD) of AnAs and RPrAs (Table 1), with higher AnAs and lower RPrAs , in the patient group than in the control group. Adjustment of average age as co-variant did not modify the comparisons.
Table 1. Radial proportional asymmetry and Angular asymmetry (Anas) values from the faces of 23 patients with Peripheral facial palsy (PFP) and of 23 controls ( $p=0.0001$ )

| Asym metry | Positions | Patients $(n=23)$ <br> average | $\pm$ SD | Controls $(n=23)$ <br> average | $\pm$ SD |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{array}{r} \text { RPrAs } \\ \text { (cm) } \end{array}$ | Resting | 4.4025 | 0.19 | 4.6195 | 0.15 |
|  | Smiling | 4.3676 | 0.17 | 4.6522 | 0.12 |
|  | Eyes closed | 4.4065 | 0.24 | 4.5750 | 0.13 |
|  | Eyebrows lifted | 4.2753 | 0.26 | 4.6751 | 0.16 |
| AnAs <br> (degree <br> s) | Resting | 7.1261 | 4.23 | 2.0709 | 0.70 |
|  | Smiling | 9.6909 | 4.51 | 1.9752 | 1.01 |
|  | Eyes closed | 9.8986 | 5.75 | 2.3065 | 0.96 |
|  | Eyebrows lifted | 113704 | 4.48 | 2.9378 | 1.61 |


| AsAn | Cut- <br> off <br> point <br> (cm) | Sensitivity | Specificit <br> y | VP+ | VP- | Accuracy |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Resting | 2.73 | 100.0 | 95.7 | 95.8 | 100.0 | 978 |
| Smiling | 4.17 | 95.7 | 95.7 | 95.6 | 95.6 | 95.6 |
| Eyes closed | 3.57 | 100.0 | 95.7 | 958 | 100 | 978 |
| Eyebrows <br> lifted | 6.22 | 913 | 95.7 | 95.4 | 91.6 | 93.4 |

Table 3. Sensitivity and specificity values for Radial proportional asymmetry (RPrAs) (cm)

| PrRAs | Cut-off <br> point <br> (cm) | Sensitivit <br> y | Specificity | VP+ | VP- | Accur <br> acy |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Resting | 4.587 | 76.2 | 69.6 | 69.5 | 761 | 69.5 |
| Smiling | 4.562 | 82.6 | 739 | 76.0 | 78.9 | 77.2 |
| Eyes closed | 4.495 | 69.6 | 739 | 72.7 | 70.8 | 71.7 |
| Eyebrows lifted | 4.576 | 87.0 | 82.6 | 833 | 863 | 84.7 |

Through analysis of the ROC curve for AnAs and RPrAs of the 46 patients, the values of sensitivity, specificity, positive predictive value ( $\mathrm{PV}+$ ) and negative predictive value ( $\mathrm{PV}-$ ) (Table 2 and 3).

## 4 DISCUSSION

The facial asymmetry method analyzes the asymmetry per se of patient in resting position. The face smiling, evaluates the function of the risorius muscle, the greater and lesser zygomatic muscle which allow the nasolabial folds move backwards.
We supplement the evaluation with the position eyes closed and eyebrows lifted: the orbicularis oculi eye muscle function and the eyelid elevator, in the superior palpebral opening in cm ; this register is not considered in the H-B scale. The eyebrows lifted position evaluates occipitofrontal muscle function [22].
AnAs with eyes closed was higher in the control group and in patients $>60$ years of age. Flores et al.(24) reported that facial asymmetry increases in persons, the upper part of the face ages faster, the eyebrows descending to cover the eyelids and the expression of the eyes becomes deformed.
As previously reported by Flores et al[23], gender difference does not affect facial symmetry, because the authors observed proportions of the main facial features, which remain constant in both genders. It is noteworthy in our study that men in the control group, as well as in the patient group, in AnAs in resting position, showed systematically higher values than women once the influence of age and gender factors were controlled
The ROC test evaluated the accuracy diagnostic of facial asymmetry with a continuous scale method and set a cut-off point on which rests the presence of facial asymmetry and under which is rejected is their ability to differentiate between subjects symmetric versus asymmetric and compare the discriminative capacity of the method of facial asymmetry expressed with a continuous scale.

In terms of the quantitative of asymmetry in patients with PFP, this is, the first step in the contribution for having reference values with results expressed using continuous scales and for obtaining change and comparative measurements before and after physical rehabilitation as well as could be assessed the capacity of pharmacological and physical therapy. It is suggested that possible confusing variables, such as age and gender, be taken into account in future studies.
Also reduces interobserver variations without the need of being a qualifying observer. AnAs and RPrAs take the healthy side of the face as reference, and this could lead to therapy for each patient to areas that require the most attention. Implementation of this method detected positive collaboration and feedback from the patients. This is taken into consideration in conducting an evolutive study of facial therapy treatment, facial asymmetry, and its relationship with the different PFP etiologies.

## 5 CONCLUSION

We can conclude that the method of facial asymmetry is an easy, non-invasive, safe, fast, and reliable method that can be employed routinely in patients with PFP. It can help the physician to decide on a specific therapy directed for each patient objectively, and for the most affected region of the face. This method focuses on the evaluation of facial asymmetry. Due to the importance of the method, intends to carry out a longitudinal study during the patient's facial rehabilitation with regard to its relationship with the patient's therapy.

## 6 ACKNOWLEDGMENT

We are grateful to Rebecca E. Franco y Bourland, Marco Antonio Flores Mondragón, María Teresa de Jesús Baños Mendoza, Margarita Sánchez Espinosa, Julieta Flores Nava, Elihasib Rafael Herrera González, Fátima Inés Íñiguez Gómez, Jorge Campos Morales, Juan Torres Sánchez, Maggie Brunner and Violeta Ripoll.

## References

[1] Firman RC, Simmons LW, Cummins JM, Matson PL. Are body fluctuating asymmetry and the ratio of 2 nd to 4 th digit length reliable predictors of semen quality? Hum Reprod, April 2003; 18(4):808-812.
[2] Portales RK, Gil BC, Beltrami BM. Influencia de la simetría facial en la elección de pareja. Rev. de Psicología Universidad de Chile 2009; 18(2):147-150. URL:http://redalyc.org7articulo.oa?id=26412983008.ISSN0716-8039 [08.09.2013]
[3] Burgué C J. La cara y sus proporciones estéticas. La Habana, Cuba: Editorial CIMEQ; 2004. p. 11.
[4] Simmons LW, Rhodes G, Peters M, Koehler N. Are human preferences for facial symmetry focused on signals of developmental instability? Behavioral Ecology 2004; 15(5):864-871.
[5] Chevalier AM. Reéductation des paralysies faciales centrales et périphériques. Encycl Méd Chir (Paris, France: Editions Scientifiques et Medicales Elsevier SAS.) Kinésithérapie-Médecine Physique-readaptation, 26-463-B-10,2003. p. 16.
[6] [Swami Wg Cdr H, Dutta Wg Cdr A, Nambiar S. Recurrent Bell's palsy. MJAFI Medical Journal of the Armed Forces India 2010;66:95-96.
[7] Rodríguez-Ortiz MD, Mangas-Martínez S, Ortiz-Reyes MG, Rosete-Gill HS, Vales-Hidalgo O, Hinojosa-González R. Parálisis facial periférica. Tratamientos y consideraciones. Arch Neurocien (Mex) 2011; 16(3):148-155.
[8] VanSwearingen J. Facial Rehabilitation: a neuromuscular reeducation, patient-centered Pwproach. Facial Plast Surg 2008; 24(2):250-259.
[9] Domínguez Carrillo LG. Zonas anatómicas de lesión en parálisis facial periférica y su relación etiológica. Experiencia de 780 casos. Cir Ciruj, JulioAgosto 2002; 70(4):239-245.
[10] Cárdenas Palacios CA, Quiroz Padilla MF, Cañón Caro DV. Calidad de vida en pacientes con parálisis de Bell. Avances en Psicología Latinoamericana/Bogotá (Colombia) 2012; 30(1):52-64. (ISSn1794-4724-ISSne2145-45159). (URL:http:redalyc.org/articulo.oa?id=79924085004) Consultado 8 de abril de 2013.
[11] Dalla Toffola E, Tinelli C, Lozza A, Bejor M, Pavese C, Degli AI, Petrucci L. Choosing the best rehabilitation treatment for Bell's palsy. Eur J Phys Rehabil Med, 2012; 48:635-642.
[12] De Diego-Sastre JI, Prim-Espada MP, Fernández-García F. Epidemiología de la parálisis facial de Bell. Rev Neurol 2005;41(5):287-290.
[13] Sánchez CL, Reyes CS, Andrade CJL, Carrillo SIA, León HSR, Paniagua PR, Olivera DH, Baños MT, Flores MG, Hernández CNA. Bells palsy. A prospective, longitudinal, descriptive, and observational analysis of prognosis factors for recovery in Mexican patients. Rev Invest Clin Julio-Agosto 2011; 63(4):361-369.
[14] Aboytes-Meléndez CA, Torres-Valenzuela A. Perfil clínico y epidemiológico de la parálisis facial en el Centro de Rehabilitación y Educación Especial de Durango, México. Rev Med Hosp Gen 2006; 69(2):70-77.
[15] Shaheenn Hala A, Shalaby Nevin M, El-Shazly Nihal, Abd Allah FA, Shaker Ehab. Acute lower motor neuron facial palsy clinical Quantitative Electromyography (QEMG) predictive value. Egypt J Neurol Psychiatr Neurosurg 2007; 44(1):19-29.
[16] Chung Dae Han, Dong Choon Park, Jae Yong Byun, Moon Suh Park, So Yoon Lee, Seung Geun Yeo. Prognosis of patients with recurrent facial palsy. Eur Arch Oto-Rhino Laryngol 2012; 269:61-66.
[17] Peitersen E. Bell's palsy: the spontaneous course of 2500 peripheral facial nerve palsies of different etiologies. OTO-HNS Otolaryngol Head and Neck Surgery 2002; Suppl 549: 4-30.
[18] House JW, Brackmann DE. Facial nerve grading system. OTO-HNS Otolaryngol Head and Neck Surgery 1985;93:146-147.
[19] Campos D, Chidiak TR,. Miranda MSA. Nuevo método para determinar la asimetría facial. Rev Od.Los Andes Enero-Junio 2008; 3(1):13-19.
[20] Stewart A., Marfell-Jones M., Olds T. De Ridder H. Protocolo Internacional para la valoración antropométrica. Sociedad Internacional para el Avance de la Cineantropometria (ISAK). Reino Unido; 2011.
[21] Cerda J, Cifuentes L. Uso de curvas ROC en investigación clínica. Aspectos teóricos-prácticos. Rev Chil Infect 2012; 29(2):138-141.
[22] Valerius K-P, Frank A, Kolster B.C., Hirsch MC, Hamilton C, Alejandre Lafont E. El Llibro de los Músculos. Anatomia, Exploración, Función. Barcelona, España: Ars Medica; 2008
[23] Flores MM, Hernández I, Rossano G. Estructuración y estandarización de la antropometría facial en función de proporciones. Int J Cosmet Med Surg 2004; 6(3):10-14.

